

MENU CYCLE WEEK ONE

27th Feb-3rd March

20th March-24th March

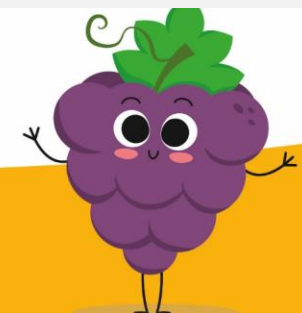
24th April-28th April

15th May-19th May

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Tomato & Basil Pasta Bake	Fish Fingers	Roast Chicken & Yorkshire Pudding	Cottage Pie	Chicken Nuggets
VEGETARIAN	Tomato & Basil Pasta Bake	Cheese & Tomato Pizza	Quorn Fillet & Yorkshire pudding	Quorn Cottage Pie	Cheese Whirl
STARCHY FOOD	Garlic Bread	Wedges	Roast Potatoes	Mash	Chips
VEGETABLE	Peas & Sweetcorn	Beans & Carrots	Cauliflower & Peas	Broccoli & Carrots	Mushy Peas or Baked Beans
DESSERT	Fudge Ginger cake	Ice Cream	Chocolate Crunch	Banana Muffin	Mixed Fruit Flapjack
CARBS	Jacket Potatoes with Cheese and/or Beans				



Food Allergies and Intolerance
If you require information on allergens or suffer from a food intolerance, please speak to a Team Member before you order your food and drinks.



MENU CYCLE WEEK TWO

6th March-10th March

27th March-31st March

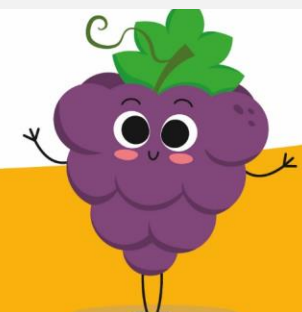
1st May-5th May

22nd May-26th May

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Sausage Roll	Chicken Pasta Bake	Chicken & Stuffing	Beef Bolognese	Battered Fish
	Quorn Sausage Roll	Mac n Cheese	Quorn Fillet & Stuffing	Quorn Bolognese	Cheese & Tomato Pizza
STARCHY FOOD	Herby Diced Potatoes	Garlic Bread	Roast Potatoes	Spaghetti	Chips
VEGETABLE	Peas & Sweetcorn	Carrots & Sweetcorn	Green Beans & Cauliflower	Sweetcorn & Broccoli	Peas & Baked Beans
DESSERT	Chocolate or Strawberry Mousse	Oatmeal Bake	Fruit Salad or Jelly	Chocolate Beetroot Sponge	Vanilla Shortbread
CARBS	Jacket Potatoes with Cheese and /or Beans				

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MENU CYCLE WEEK THREE

13th March-17th March

8th May-12th May

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Ham Pizza	Chicken Meatballs With Sweet & Sour Sauce	Roast Pork & Yorkshire Pudding	BBQ Chicken	Battered Fish
VEGETARIAN	Cheese & Tomato Pizza	Quorn Balls With Sweet & Sour Sauce	Quorn Fillet & Yorkshire Pudding	Quorn Fillet with BBQ Sauce	Quorn Battered Sausage
STARCHY FOOD	Roasted Wedges	Rice or Noodles	Roast Potatoes	Herby Diced Potatoes	Chips
VEGETABLE	Broccoli & Cauliflower	Green beans & Sweetcorn	Savoy Cabbage & Carrots	Peas & Sweetcorn	Mushy Peas or Baked Beans
DESSERT	Carrot Cake	Ice Cream	Cheese Cake	Apple Flapjack	Chocolate crunch
CARBS	Jacket Potatoes with Cheese and/or Beans				

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