

# THE KEYSTONE ACADEMY

## HEAD TEACHER 'S UPDATE



Welcome to our February newsletter. We have enjoyed another half term in our new school building, welcoming two new classes of children, as we continue to grow our school.

It remains a joy to hear the positivity from our children on a daily basis as they settle into the new routines of our building. With much improved facilities we couldn't give a stronger message to our pupils that they are valued and worthy of the very best education and life.

You will notice that this half term's newsletter is slightly shorter than previous ones. This is because as we are improving our collective use of Dojo, we are sharing many of the fabulous learning experiences on that platform instead. If you have any feedback about how Dojo is going please do get in touch.

We have been planning the spring end of term rewards , with 3 more lovely activities for our pupils to enjoy. Details of these can be found later in the newsletter. We wish you a wonderful half term and will look forward to seeing pupils again on Monday the 26th of February.

Best Wishes

Ali Bellaby

Headteacher

## IMPORTANT DATES

- **February half term**— End of term Friday 16th February and returning to school on Monday 26th February
- **Term dates** are available here: <https://thekeystoneacademy.org/school-holiday-dates/>

## New Caterers

As you are aware, we started working with a new catering company, Caterlink, from January. They now cook food fresh on site daily and offer a much wider variety of food than we were previously able to provide. In addition we are enjoying theme day menus such as Chinese food for the Chinese new year.

As you can see, the food looks colourful and appetising and has been a great hit with our students so far!

We would like to encourage as many students as possible to have school meals, as we believe there is something on offer for everyone. Our cook is happy to give samples of meals to students if they would like to try before having a full meal.

If this is something you would like to explore with your child, take a look at the menu . Please note the menu will change after the Easter holidays .



## What our students say ....

“It's mouthwatering, it's the best thing I've ever tasted. I'm speechless when I eat it . It's better than the old school meals” - Jacob

“I love the food , it's nice quality” – Alice

The meals are much better than before” — Finley

- **School Meals**—Did you know that you can now pay for your child's dinner money on the Arbor Parent Portal or Arbor App? The new menu is now available on our website



# New Menu

Autumn/ Winter 2023/ 2024		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WEEK ONE</b> 15/01/2024 05/02/2024 04/03/2024 25/03/2024	Option one	Cheese and Tomato Pizza with Pasta Salad	A choice of Burger (Beef & Bean or Vegan) with Toppings and Potato Wedges	Roast of the Day, Stuffing Roast Potatoes & Gravy	Spaghetti Bolognese with Garlic Bread	Fishfingers with Chips & Tomato Sauce
	Option two	<b>NEW</b> Chef Mariam's Vegetable Couscous		Veg Wellington, Stuffing, Roast Potatoes & Gravy	Veggie Bolognese with Garlic Bread	Cheesy Bean Pasty with Chips & Tomato Sauce
	Vegetables	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day
	Dessert	Lemon Drizzle	Fruit Jelly with Mandarins	Freshly Chopped Fruit Medley	<b>NEW</b> Jam and Coconut Sponge	Oaty Cookie
<b>WEEK TWO</b> 01/01/2024 22/01/2024 19/02/2024 11/03/2024	Option one	Tomato Pasta	Sausage Roll with Potato Wedges	<b>CHICKEN SHACK</b> A choice of BBQ or Lemon & Herb Chicken or Vegan Quorn, with Seasoned Potatoes and Salads	Chef Shilpa's Chicken Korma with Rice	Fishfingers with Chips & Tomato Sauce
	Option two	Cheesy Swirl with New Potatoes	<b>NEW</b> Loaded Jackets		Veggie Meatballs in Tomato Sauce with Rice	Cheese Omelette with Chips & Tomato Sauce
	Vegetables	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day
	Dessert	<b>NEW</b> Carrot Cake	Apple Crumble with Custard	Fruit Medley	Chocolate Drizzle Cake with Chocolate Sauce	Vanilla Shortbread
<b>WEEK THREE</b> 08/01/2024 29/01/2024 26/02/2024 18/03/2024	Option one	<b>NEW</b> A choice of Tomato or Carbonara Pasta with Toppings	Mexican Beef with Rice	Sausages, Onions and Gravy with Roast Potatoes	Chicken Pie with Mashed Potatoes	Fishfingers or Salmon Fishcake with Chips & Tomato Sauce
	Option two		Vegetable Fajitas with Rice	Veggie Sausages, Onions and Gravy with Roast Potatoes	Macaroni Cheese	BBQ Quorn Fillet with Chips
	Vegetables	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day
	Dessert	Iced Sponge	<b>NEW</b> Chocolate Orange Cookie	Fruit Platter	Peach Upside Down Cake with Custard	<b>NEW</b> Melting Moment Biscuit
<b>MENU KEY</b>		Added Plant Power	Wholemeal	Vegan	Chef's Special	<b>ALLERGY INFORMATION:</b> If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.
<b>Available Daily:</b> - Freshly cooked jacket potatoes with a choice of fillings - Bread freshly baked on site daily- Daily salad selection						
						<b>caterlink</b> feeding the imagination

# New Class Names

## Packham

Our new year 3/4 class, are proud and excited to announce that they are the 'Packham Class', named after the remarkable Chris Packham. Chris has gained acclaimed recognition as a naturalist, television presenter, writer, photographer, conservationist, campaigner and filmmaker. In 2017, Chris shared his experience of living with autism in a documentary Aspergers and Me. We can't wait to find out about his amazing work for the natural world and his exciting and inspiring career.



## Holness

Our new year 9 class have chosen to call themselves Holness, after Sam Holness, an autistic Guinness World Record Iron Man Championship triathlete. He exemplifies the power of perseverance and determination in overcoming challenges. Witnessing Sam's remarkable achievements can inspire students to believe in their own abilities and strive for their goals. By showcasing Sam as a role model, his autism is a symbol of representation and inclusion.

Sam's achievements have challenged stereotypes and misconceptions about autism, dispelling any notion that individuals with autism are limited in their abilities. Sam's journey as an Iron Man triathlete underscores the significance of physical and mental well-being. Acting as an inspiration for students to prioritise their mental and physical health, promoting resilience and self-care. Sam serves as a positive example of someone who has conquered challenges, shattered stereotypes, and achieved remarkable success.



**Our newly chosen class names once again send a powerful message that neurodiversity is valued and that individuals with autism can excel in their chosen fields**

## School Aged Immunisation Service

We are now working with the Shropshire School Aged Immunisation Service to offer the vaccination programme to students. The following vaccinations will be offered throughout each year:

The teenage booster will be given in school on 17th April 2024. Further information including consent forms will be sent to families nearer the date.

If you have any questions or concerns regarding the vaccination programme, please contact the school office.

Further information regarding the vaccination programme for students in Year 7—13 can be found [here](#)

Type of vaccine	Student group	Time of year
Flu vaccination	All students	November / December
HPV vaccination	Year 8 students	June / July
Teenage booster (DTP and Meningitis ACYWY)	Year 9 students	April / May

## Spring End of Term Rewards



### Gold reward

Play and picnic lunch at The Quarry -

Walk to the Severn Theatre to see Alice in Wonderland.



### Silver Reward

Nesscliffe Country Park

orienteering walk / scavenger hunt

picnic lunch games parachute, rounders, den building etc specific activities to be confirmed according to the weather.



### Bronze Reward

In school fun and wellbeing day.

Sports/Yoga

Meditation

Outdoor activities

Cooking

Music.

## Uniform Donations

We are happy to accept donations of outgrown uniform polo tops, sweatshirts, trousers, skirts. Also, shoes and wellington boots and trainers. Many thanks for your support.



• **To order your child's uniform** either contact the school office by email or phone for more information, or orders can be made online at:  
[www.schoolshopdirect.co.uk](http://www.schoolshopdirect.co.uk).

Please ensure all items of your child's clothing is named



## Parent Carer sessions

Further to the survey completed earlier in the year we are delighted to continue developing our supportive and collaborative networking sessions for the families of children at Keystone



On the following dates from 6pm to 7pm we will be holding Parent and Carer meetings — all parents and carers are welcome to attend

Wednesday 6<sup>th</sup> March

Wednesday 1<sup>st</sup> May

Wednesday 19<sup>th</sup> June

Wednesday 10<sup>th</sup> July

Further information including the theme of each session will be sent out nearer the dates, our themes are based upon the requests and recommendations received from our families.

We hope to see you there!

# Family Drop-In

Here to help

## Free information, advice and support

Come along to:

**Meole Brace C of E Primary School and Nursery, School Library building, Church Road, Meole Brace, Shrewsbury, SY3 9HG**  
**9:00am—12:00pm**

**Thursday 18th January 2024**

**Thursday 25th January 2024**

**Thursday 8th February 2024**

**Thursday 22nd February 2024**

**Thursday 14th March 2024**

**Thursday 28th March 2024**

You can chat, have a coffee and see how we can help you with:

- Family Life
- Domestic Abuse Support
- Housing Support
- Baby Bank
- Parenting Support
- Finance support
- Home Fire Safety
- Training and Employment Support and much more



Supporting families with children aged 0-19 years (up to 25 years for young people with special educational needs and disabilities)

We aim to make it easier for you to ask for help and get support when you need it.



[www.shropshire.gov.uk](http://www.shropshire.gov.uk)

